

CONFIRMATION OF ATTENDANCE

If you are planning to come on a daytime walk, please let the leader know you are attending, giving your mobile number so they know to expect you and can contact you if walk details change (i.e. if the weather forecast is very poor or the leader is taken ill).

As evening walks tend to be more local and people often only decide to attend at short notice you don't need to contact the leader.

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in time to be ready to leave by the advertised time).

We normally encourage car sharing but during covid restrictions we leave that to individuals' judgement within what is permissible at the time.

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice any member of the committee will be happy to help, or contact our Secretary at cdwgenquiries@hotmail.co.uk

WEEKENDS AWAY

Our weekends away usually involve a stay at a Youth Hostel or Holiday Cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place (a deposit is usually required to confirm you are attending).

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

CDWG ONLINE

We advertise our walks on Meetup, Facebook and our own Website (see cover). As not all walk leaders use all these it is important that people who say they are going via Meetup or Facebook also contact the Walk Leader direct, so they can exchange Mobile numbers for use in case of any late changes or cancellations.

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing material. Please inform the organiser if you don't wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks.

TYPES OF WALK – ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Snowdonia).

This will ensure that nobody is pushed beyond his or her limit and that everyone gains maximum enjoyment. The group will always, however, go at the pace of the slowest member so there is no need to worry about 'keeping up'.

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



PROGRAMME

JULY - SEPTEMBER 2021

Chester & District Walking Group

is a friendly group bringing together people from Cheshire; Wirral; North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome. We try and share transport (and fuel costs) when travelling to walks and weekends away. Membership subscriptions can be paid to the Treasurer, Secretary or Chair.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group including website maintenance; 'Meetup' fees; publicity; insurance; organising trips away; general administration and give you access to our detailed weekly walk emails.

Secretary Pamela Bent

cdwgenquiries@hotmail.co.uk

www.chesterwalking.org.uk

www.facebook.com/walking2

www.meetup.com/Chester-and-District-Walking-Group

JULY

THURSDAY 1st Frodsham Hill **EVENING WALK**
 19:00 start Nick
 Talking in fine views over to Liverpool from the top of Frodsham Hill, we then loop back via the edge of Frodsham to see how the other half live!

SUNDAY 4th Penmaenmawr **★★**
 10:00 start 8 miles Steve
 Steve leads us along the Jubilee Path and up to the top of Tal y Fan. On a clear day there are spectacular views in all directions.

WEDNESDAY 7th Coed Talon **EVENING WALK**
 19:00 start Pamela
 A pretty walk with lovely views to Waun-y-Llyn Country Park and back along a delightful woodland path.

SUNDAY 11th Colemere **★**
 10:30 start 9 miles Pete
 We follow the Shropshire Union Canal round the beautiful 'Shropshire Lake District' from Colemere to Wem Moss.

THURSDAY 15th Coed y Felin **EVENING WALK**
 19:00 start Pamela
 Coed y Felin Nature Reserve - a delightful stroll through the pretty woodlands of Coed y Felin and Coed Trellyniau.

SUNDAY 18th Caergwrle **★★**
 10:00 start 8 miles Ian
 From Caergwrle to Gwersylt, Alyn Waters, Ian leads us on a varied Sunday Trek.

THURSDAY 22nd Gresford **EVENING WALK**
 19:00 start Ian
 A busy week for Ian as he now takes us on a Summer Evening's Stroll around Gresford and Marford.

SUNDAY 25th Whitegate **★★**
 10:00 start 10 miles Denis
 A stretch of the Whitegate Way, Pettypool Woods, Valeroyal Locks, part of the Weaver Navigation Waterway, and some wonderful open countryside.

THURSDAY 29th Llanarmon-yn-iâl **EVENING WALK**
 19:00 start Gareth
 A walk up to Eryrys and back along the tops with fine views of the Clwydians.

AUGUST

SUNDAY 1st Trefriw **★★**
 10:00 start 9 miles Steve
 A walk through woodland to Llyn Geirionydd and Llyn Crafnant Reservoir.

THURSDAY 5th Bwlchgwyn **EVENING WALK**
 19:00 start Gareth
 A walk from Bwlchgwyn taking in the pretty Nant-y-Ffrith valley.

SUNDAY 8th Graianrhyd **★★**
 10:30 start 8 miles Pamela
 A glorious walk heading north of Graianrhyd to explore the lovely woodlands of the Nercwys forest.

THURSDAY 12th Erddig **EVENING WALK**
 19:00 start Gaynor
 Gaynor takes us on a favourite evening walk from the old hamlet of Felin Puleston round Erddig country park.

SATURDAY 14th Cilcain **★★ or ★★★ 'SOCIAL'**
 08:30 start 14 or 23 miles Pamela 07789 140815
 'Open to Offas' LDWA Challenge Walk - meet at Cilcain Village Hall. 2 routes
www.ldwa.org.uk/Merseystride/E/24274/open-to-offas.html

THURSDAY 19th Minera **EVE +Mini Social**
 19:00 start Gaynor
 A pretty, circular walk ending with a drink and chips at Tyn y Capel pub.

SUNDAY 22nd Llanferres **★★**
 10:30 start 11.5 miles Denis
 A scenic walk south west of Llanferres, then south east to Llanarmon, then out and into the forest above Eryrys.

THURSDAY 26th Delamere **EVENING WALK**
 19:00 start Pete
 An annual favourite around Blakemere Moss Lake.

Friday 27th Chester **SOCIAL**
 19:30 start Pamela 07789 140815
 Our legendary annual 'Walk the Walls' social and quiz to mark the end of our evening walks and greet the autumn

SUNDAY 29th Caergwrle **★★**
 10:30 start 8 miles Gaynor
 Gaynor takes us on a varied walk from Caergwrle Castle to Waun y Llyn Country Park and Wat's Dyke.

SEPTEMBER

SATURDAY 4th Bickerton **★★**
 09:30 start 11.5 miles Denis
 An undulating, picturesque walk from Bickerton to Beeston taking in the surrounding area.

SUNDAY 12th Llanferrres **★★**
 10:30 start 9 miles Pamela
 A lovely, scenic walk over to Llanbedr DC, taking in the western Clwydian Hills.

Friday 17th to Monday 20th

WEEKEND AWAY – SOCIAL & WALKS

Brian & Pamela

A weekend away in the town of Amlwch, Anglesey from Friday evening until Monday morning.
 Two full day walks will be arranged.
 Book your own accommodation
 (or travel to one or both walks each day).
 Full details to follow.

SUNDAY 26th Llandrillo **★★★**
 10:30 start 9 miles Pete
 A tough 750m+ ascent could be rewarded with great views of Bala & Snowdonia (weather permitting) from Moel Pearce, Cadair Bronwen & Cadair Berwyn.

Although evening walks officially end at the end of August we do sometimes have some 'early start' walks added in September and members will receive emails about those.

COVID GUIDANCE

As restrictions may change after this programme is issued, please check your emails for any changes to guidance around Covid.

Whatever happens, remember it's down to each individual to decide what they are comfortable with within any Club or Government Rules or Guidance.